## CHOOSE YOUR WORKSHOP

# 1. Mandy Carr and Noora Tapiainen

What is our relationship with creation? Would we like it to be different? What do the 'groanings of the creation', 'eager expectation', and the 'first fruits of the spirit', mean for us, individually and collectively. How do we navigate a path, through the emotional and spiritual opportunities and challenges creation can bring?

What might emerge when we explore this in a playful way? Using the text and nature itself as our guide, we will use movement and drama, voice and artwork, to create our own path towards hope. We will share our thoughts and insights, allowing the process to lead us towards finding ourselves in the narrative of creation. Noora and Mandy will encourage participants to explore the text in a playful and energising way, culminating in creative celebration of our individual and collective paths to hope.

This workshop is open to all participants who wish to engage their curiosity and openness to explore faith, nature and creativity as individuals and as part of a group.

Mandy is Jewish, a member of Finchley Progressive Synagogue, in London, working on a dissertation on drama therapy.

Noora is chaplain in Ev.-Luth. parish in Pori. Trained as bibliodrama leader in Finland.

## 2. Albert Heinz and Antonina Chałubińska-Gonerko

Antonina Chałubińska-Gonerko, teacher and psychologist from Warschau, Poland and Albert Henz, Pastor from Iserlohn, Germany, both certificated bibliodrama leaders.

After the ouverture,"flying" over the text and looking for the own place in it, they will follow the text verse by verse with different methods (body work, arts, discussion, songs, spiritual exercises ...). At the end there will be an interpretation of the text by a big play. We lead the workshop in English.

#### 3. Claus Terlinden and Kreet Aun

We will explore inner and outer horizons of faith, of the fears and hopes that fill the future both locally, globally, universal. What to do with the presence and suffering, the beauty and the longing of creation? What is our role as children of God, what our place as part and parcel of nature?

Body work in a great variety will play an important part in this workshop. We will also meet the text and the words in movement, sound and colour.

Breaths, sighs, images and words as vehicles of the spirit. Our spirit. And God's spirit.

If the weather is suitable parts of the workshop will be held outside, in the beautiful surroundings of the Institute, where the conference takes place.

Kreet is from Estonia and represents the Apostolic-Orthodox Church. She was trained as bibliodrama leader in Finland by Aino-Kaarina Mäkisalo and Eva-Lisa Lindström.

Claus works as a pastor for people with mental disabilities within the Swedish speaking parishes of the Finnish Lutheran church (since 2018. Before that he worked over 20 years as ordinary parish pastor.) He was born and raised in Germany but moved to Finland 1991 where he has been living since then. He was trained as a bibliodrama leader 2019-2020.

#### 4. Beata Chrudzimska and Donat Oberson

Donat Oberson, graduate theologian (10 years experience as catholic priest on duty), leader in Switzerland (since 25 years), certificate in systemic solution-oriented brief therapy, qualified social worker, born in Switzerland 1960, married and living near the city of Basel.

Beata Chrudzimska – philosopher and theologian (roman-catholic church), religion pedagogue, bibliodrama trainer, coach, psychodrama assistant, interested especially in Jewish-Christian dialog, ecumenism and in Polish-German cooperation.

In our workshop we would like to approach the text using the body oriented-methods. The subject of hope, Creation, and the Holy Spirit will be accessed by means of free movement, breathing exercises, dance, pantomime, mindfullness and classic bibliodrama play. Both leaders speak both German and English.